

Please amend the claims to read as follow:

1. (Amended)

A food supplement comprising L-arginine, a source of amino acids and at least one substance which increases nitric oxide production selected from the group consisting of glycosidal saponins, ginseng, N-acetyl cysteine and folic acid.

3. (Amended)

The food supplement according to claim 1 wherein the substance is ginseng.

4. (Amended)

A food supplement comprising L-arginine, a source of amino acids and at least one substance which can enhance and/or mimic insulin activity selected from the group consisting of N-acetyl cysteine, myo-inositol, cis-inositol, epi-inositol, allo-inositol, muco-inositol, neo-inositol, scyllo-inositol, d-chiro-inositol, l-chiro-inositol, and d-pinitol.

5. (Amended)

The food supplement according to claim 4 wherein the substance is glucomannan.

7. (Amended)

The food supplement according to claim 4 wherein the substance is myo-inositol.

8. (Amended)

A food supplement comprising L-arginine, a source of amino acids, and at least one substance which increases nitrogen retention in the body selected from the group consisting of glucomannan, glycosidal saponins, ginseng, glutamine, methionine and leucine.

10. (Amended)

The food supplement according to claim 8 wherein the substance is glucomannan.

13. (Amended)

The food supplement according to any one of claims 1 to 12 wherein the source of amino acids is selected from the group consisting of WPI 97, Whey Peptides, WPC 80, ION EXCHANGE, lactoferrin, and whey protein.

14. (Amended)

A food supplement comprising L-arginine, whey protein and at least one substance which increases nitric oxide production in the body selected from the group consisting of glycosidal saponins, ginseng, N-acetyl cysteine and folic acid.

15. (Amended)

The food supplement according to claim 14 wherein the whey protein is WPI 97, Whey Peptides, WPC 80, or ION EXCHANGE whey protein.

16. (Amended)

The food supplement according to claim 14 wherein the whey protein

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is a combination of two or more of WPI 97, Whey Peptides, WPC 80, or ION EXCHANGE whey protein.

C9 18. (Amended) The food supplement according to claim 17 wherein the substance is ginseng.

C10 20. (Amended) The food supplement according to claim 19 comprising 150mg to 1500mg glycosidal saponins; about 100mg to 2000mg myo-inositol; and 25mg to 2000mg glucomannan.

21. (Amended) The food supplement according to claim 19 comprising 50mg to 500mg glycosidal saponins; about 200mg to 1000mg myo-inositol; and 50mg to 1000mg glucomannan.

Sub D4 22. (Amended) The food supplement according to claim 19 comprising 100mg to 500mg glucomannan.

23. (Amended) The food supplement according to claim 19 comprising about 50mg glycosidal saponins.

24. (Amended) The food supplement according to any one of claims 19 wherein the amino acids comprise whey protein.

25. (Amended) A method for supplementing the diet of an athlete, comprising administering to the diet of the athlete an effective amount of a supplement comprising L-arginine, a source of amino acids and at least one substance which increases nitric oxide production in the body selected from the group consisting of glycosidal saponins, ginseng, N-acetyl cysteine, and folic acid.

C11 27. (Amended) The method according to claim 25 wherein the substance is ginseng.

C12 Sub D5 28. (Amended) A method for supplementing the diet of an athlete, comprising administering to the diet of the athlete an effective amount of a supplement comprising L-arginine, a source of amino acids and at least one substance which can enhance and/or mimic insulin activity selected from the group consisting of N-acetyl cysteine, myo-inositol, cis-inositol, epi-inositol, allo-inositol, muco-inositol, neo-inositol, scyllo-inositol, d-chiro-inositol, l-chiro-inositol, and d-pinitol.

C13 29. (Amended) The method according to claim 28 wherein the substance is glucomannan.

C14 31. (Amended) The method according to claim 28 wherein the substance is myo-inositol.

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32. (Amended)

The method according to claim 31, wherein the supplement is administered to the diet of the athlete on a daily basis.

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33. (Amended)

The method according to claim 32, wherein the food supplement is mixed with water to provide a liquid drink.

C17

34. (Amended)

A method for increasing muscle mass and / or strength of an individual, comprising administering to the diet of the athlete of an effective amount of L-arginine, a source of amino acids, and at least one substance which increases nitric oxide production in the body selected from the group consisting of glycosidal saponins, ginseng, N-acetyl cysteine, and folic acid.

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36. (Amended)

The method according to claim 34 wherein the substance is ginseng.

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37. (Amended)

A method for increasing muscle mass and/or strength of an individual comprising administering to the diet of the athlete an effective amount of L-arginine, a source of amino acids and at least one substance which can enhance and/or mimic insulin activity selected from the group consisting of N-acetyl cysteine, myo-inositol, cis-inositol, epi-inositol, allo-inositol, muco-inositol, neo-inositol, scyllo-inositol, d-chiro-inositol, l-chiro-inositol, and d-pinitol.

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38. (Amended)

The method according to claim 37 wherein the substance is glucomannan.

C21

40. (Amended)

The method according to claim 37 wherein the substance is myo-inositol.

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41. (Amended)

The method according to claim 40 wherein the supplement is administered to the individual on a daily basis.

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42. (Amended)

The method according to claim 41 wherein the food supplement is mixed with water to provide a liquid drink.

C24

43. (Amended)

A method for supplementing the diet of an athlete, comprising administering to the diet of the athlete an effective amount of supplement comprising L-arginine, whey protein and at least one substance which increases nitric oxide production in the body selected from the group consisting of glycosidal saponins, ginseng, N-acetyl cysteine, and folic acid.

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45. (Amended)

The method according to claim 43 wherein the substance is ginseng.

C26

46. (Amended)

A method for supplementing the diet of an athlete, comprising administering to the diet of the athlete an effective amount of L-

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arginine, whey protein, and at least one substance which can enhance and/or mimic insulin activity selected from the group consisting of N-acetyl cysteine, myo-inositol, cis-inositol, epi-inositol, allo-inositol, muco-inositol, neo-inositol, scyllo-inositol, d-chiro-inositol, l-chiro-inositol, and d-pinitol.

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47. (Amended) The method according to claim 46 wherein the substance is glucomannan.

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49. (Amended) The method according to claim 46 wherein the substance is myo-inositol.

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50. (Amended) The method according to claim 46, wherein the supplement is administered to the athlete on daily basis.

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51. (Amended) The method according to claim 50, wherein the food supplement is mixed with water to provide a liquid drink.

C31

53. (Amended) The method according to claim 52 wherein the supplement comprises 150mg to 1500mg glycosidal saponins; about 100 mg to 2000 mg myo-inositol; and 25mg to 2000mg glucomannan.

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54. (Amended) The method according to claim 52 wherein the supplement comprises 50mg to 500mg glycosidal saponins; about 200mg to 1000mg myo-inositol; and 50mg to 1000mg glucomannan.

55. (Amended) The method according to claim 52 wherein the supplement comprises 100mg to 500mg glucomannan.

56. (Amended) The method according to claim 52 wherein the supplement comprises 50mg glycosidal saponins.

57. (Amended) The method according to any one of claims 52-56 wherein the amino acids comprises whey protein.

C32

58. (Amended) A food supplement comprising L-arginine, a source of amino acids and at least one substance which increases nitric oxide production in the body, the food supplement being in powder or granular form.

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Please add the following new claims:

62. (New) A food supplement comprising L-arginine, glycosidal saponins and folic acid.

63. (New)

A food supplement comprising alpha lipoic acid, glucomannan, D-myo-inositol, taurine, and d-pinitol.

64. (New)

The food supplement according to any one of claims 1 to 12 wherein the source of amino acids is selected from the group consisting of WPI 97, Whey Peptides, WPC 80, ION EXCHANGE, lactoferrin, whey protein, milk protein, casein, chicken egg albumin, and soy.

65. (New)

The method according to claim 32, wherein the food supplement is provided in a liquid form or a protein bar form.

66. (New)

The method according to claim 41, wherein the food supplement is provided in a liquid form or a protein bar form.

67. (New)

The method according to claim 50, wherein the food supplement is provided in a liquid form or a protein bar form.

STATUS OF CLAIMS:

Claims 1-61 are presently pending and under examination.

REMARKS

Applicants herein traverse the rejections and respectfully request reconsideration and withdrawal of all rejections in view of the Remarks set forth below.

I. Response to Rejection of § 132

Claims 60 and 61 have been canceled and the rejection is mooted.

II. Claim Objections

Claims 3, 5-7, 9, 10, 13, 15-18, 20-24, 26, 27, 29-33, 35, 36, 38-42, 44, 45, 47-51, and 53-57 have been amended to correct the informality identified by the Examiner. Withdrawal of the claim objections is earnestly solicited.

III. The Rejection of Claims 1, 4, 8, 14, 25, 28, 34, 37, 43, 46, and 58, Under 35